

Winter 2019 Newsletter

352 STOWE AVENUE ORANGE PARK, FL 32073 Phone: 904-541-1742:

"New classes at BASCA are changing lives!"

Have you ever listened to a song on the radio and felt a flood of emotions as it invoked a happy memory of your past, or saw a painting that caused you to pause because of how it made you feel? Music, paintings, sculptures, drawing are all forms of expression.

Individuals with developmental differences need to find ways to communicate and express their feelings and emotions. Art and music therapy can help to empower them by using these different forms of expression.



Thanks to a very generous grant from the Florida Blue Foundation, BASCA is now offering art and music therapy during it's day programs. Individuals attend weekly classes that are designed to help improve motor skills, memory, interpersonal skills and allow them to express their feelings using art and music.

"We have already seen the benefits of these classes" states Alecia Cook, Day Program Coordinator, "Individuals who normally choose not to take part in group activities are joining in and they are participating. It is wonderful!"





Changes coming for BASCA Activity night

Beginning in February, there will be no activities night on the 1st and 3rd Tuesday nights. The 2nd Tuesday will be Bingo night, and the 4th Tuesday will be Music. Hope to see everyone there!!

Come Join the Fun!!



event is one of our major fundraisers. BASCA provides volunteers to work the concession stands and THE PLAYERS give back a donation. In the words of one volunteer," It's fun, I can help BASCA and I get to see some great golf!"

THE PLAYERS Championship runs March 12 - March 17, 2019 and there are shifts available every day.

Please contact Lucy at lucyconrad@bascainc.org for more information or to schedule your shift.

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Our Christmas Party Photos and story by Rachel Enz

Every year in November, my group home picks names the week before Thanksgiving for Secret Santa gifts. Then we have our own Christmas party where we open the Secret Santa gifts, play games and eat yommy food! Our parents and people who work at BASCA come to our Christmas party. Everyone brings a gift for the gift exchange. We draw numbers and then choose a gift. If someone takes your gift, you take another one from the table. Sometimes people laugh ábout the gift they have. Then we open our Secret Santa gift. I got a letter board, which I put in my bedroom at the group home.

I am looking forward for the Christmas party in 2019. This year's party was a huge success!









KEMPER INSURANCE

BASCA cheers for the ICEMEN!

The individuals in supported living recently attended the Jacksonville Icemen hockey game! They had a great time



SUBARU BASCA Golf Classic April 5th, 2019





BASCA Elects New Board Officers

Retired UNF Professor Of Accounting, Bettie Adams has been elected to be the Chair of BASCA INC. She follows former Board Chair, Marvin Younger. "We are deeply grateful for Marvin's leadership and delighted that he will remain involved by serving on various committees," stated Beth Clark, CEO of BASCA.

Bettie has been a BASCA board member since 2013. She is a retired accounting professor from the University of North Florida where she taught for 33 years. While at UNF she also served as Director of the Advising Center for the Coggin College of Business. She has won several outstanding teaching awards and was honored by the Florida Institute of Certified Public Accountants as an "Outstanding Educator." Bettie is active in the community and has served on the Board of Directors of Community First Credit Union for 14 years. She is a member of Orange Park United Methodist Church and enjoys volunteer work, reading, and spending time with her grandchildren.

Retired United Methodist Minister, Luanne Kemper, was also elected to the Board of Directors.

BASCA board officers for the 2019-20 term will be Robert Holliday as the Vice Chair. Dr. Craig Wagener O.D., Ph.D, as Treasurer and former Clay County School Superintendent, Ben Wortham as Secretary. "I am extremely pleased with the diversity of talent and the strength of commitment on our board," "It is a skilled and thoughtful group that will provide great leadership as we look to secure the future for the individuals who depend on us," says Beth Clark.

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Special thanks to the NEFL Scottish Games for selecting BASCA to be a recipient for their next event!



The festival will take place on Saturday, February 23rd, 2019, at the Clay County Fairgrounds. (2497 State Road 16 West, Green Cove Springs, FL) We hope to see you there!

Tickets now on sale at https://www.neflgames.com.



Join Our Newsletter List $\equiv / > /$



Do you know someone who would like to receive this newsletter? As we continue to move the majority of our donor communication to a digital format, we are also growing our email list. So let us know the email address of any friends/relatives/coworkers who might like to learn more about what goes on at BASCA! Check our web page for easy registration.



Mark your calendars! BASCA "Cape"abilities 5K! Saturday, September 21, 2019. Registration opening soon!









Donations in 'good'condition are welcome!



New Hours Store Hours Mon-Sat 9 am - 5 pm

364 Stowe Ave, Orange Park



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